



Student Worksheet: Post-operative Care

Part 1: speaking

Discuss questions 1–3 with your partner or group.

1. What kinds of anaesthetics are there?
2. What sort of things do Recovery Nurses talk about during a post-operative handover?
3. What sort of equipment might be used in the Recovery Room?

Part 2: reading

Read the text and then complete the definitions (1–10) using terms in the text.

Receiving a Patient from the Recovery Nurse

Nurses and ODPs (Operating Department Practitioners) in the Recovery Unit hand over post-operative patients to ward nurses when patients are ready to move to the ward. ODPs specialise in the care of patients who are having an operation or procedure.

Recovery Room staff explain what happened during the operation and give the ward nurse the details of post-operative care. This includes:

- the name of the operation and type of anaesthetic which was used, e.g. general, local, or spinal anaesthetic
- the type of IV fluids which have been prescribed
- the location and type of dressings
- the location and type of drains
- whether a patient has a urinary catheter in situ
- the patient's pain score and the pain relief which has been prescribed, e.g. PCA or oral pain relief

1. _____ : drug which causes loss of sensation during an operation
2. _____ : drug which causes insensitivity to pain and usually loss of consciousness
3. _____ : drug which causes insensitivity to pain in one area of the body
4. _____ : drug injected into the vertebral space which causes insensitivity to pain in the lower body
5. _____ : sterile solutions of replacement fluid delivered into the vein

6. _____ : sterile material which covers a wound to keep it clean
7. _____ : tubing inserted into a wound to allow excess fluids to flow into an attached bag or flask
8. _____ : tube inserted into the bladder to drain urine into a bag
9. _____ : term meaning *in place*
10. _____ : pump with pain relief attached to a patient's IV line: patients press a button to deliver the pain relief themselves

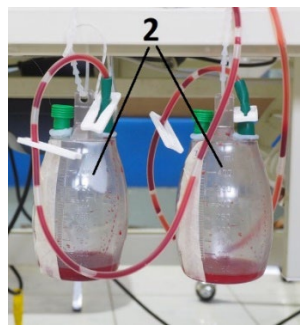
Part 3: vocabulary

Match the equipment used in the Recovery Room to the correct picture (1–6). Write the words under the picture.

adhesive dressing digital monitor drain IV fluids PCA urinary catheter



1. _____



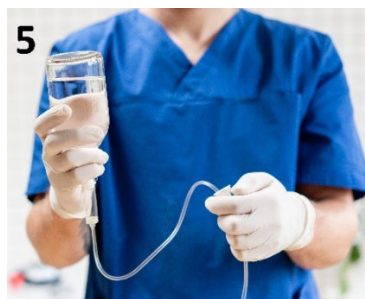
2. _____



3. _____



4. _____



5. _____



6. _____



Part 4: writing

You are going to work with your partner or group to write a patient information leaflet for patients who are going to have an operation explaining why the equipment in the list below is used. Write a short explanation for each one. Use the information in this lesson and your own knowledge.

- digital monitor
- drain
- PCA
- dressing
- IV fluids
- urinary catheter